

Daily Word



A UNITY PUBLICATION
SEPTEMBER 1949

Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world in the name of Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): "He leadeth me in the paths of righteousness" and wisdom for His name's sake.

PROSPERITY (12 noon): Goodness and prosperity shall follow me all the days of my life. "My cup runneth over."

HEALING (9 p. m.): "He leadeth me beside still waters." He restoreth me, body and soul.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): Steadfastly trusting God, I see my way made clear.

PROSPERITY (12 noon): Steadfastly trusting God, I am guided, I am prospered, I am blessed with His abundance.

HEALING (9 p. m.): Steadfastly trusting God, I am renewed, I am made whole in mind and body.

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Center Photograph—Leon Cantrell

DAILY LESSONS FOR SEPTEMBER

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As They Are

This is the third in a series of articles on human relations by Clede Reyner, a member of the Silent Unity staff.

CLEDE REYNER

“**I** WILL NEVER trust another person as long as I live.” These are the words that a woman spoke to me in a moment of bitter disappointment about the conduct of another person. She had expected a different course of conduct on his part. Therein lay the cause of her disappointment, and therein lies the cause of most of the disappointments and hurt feelings that all of us experience because of other people. We want others to act as we expect them to or hope they will, and they so very often fail to do it. It is perfectly human to assume that other persons will feel and act exactly as we would under the same circumstances; but there are many reasons why they do not. In all probability we have all learned the same commandments and the same general rules of conduct, but these are subject to a multitude of interpretations and applications. To act as we would act the other person would have to have had exactly the same training that we have had, the same environment, and been exposed to the influence of the same teachers and friends and

family, the same experiences, and the same mental and emotional make-up. Since this is an utter impossibility we must for our own sake and for the sake of the persons who enter the circle of our life, try not to expect others to conform wholly to our beliefs, views, standards, and ideals.

The very joy of living depends upon a flexible attitude toward other persons. Someone said of a person he knew: "He has qualities that I feel at home with: tolerance, gentleness, common sense, humaneness, and simplicity. He is tactful and unsurprised at human inconsistencies." The phrase "unsurprised at human inconsistencies" was to me the cream of the compliment. For back of the lack of surprise must be an expansive soul, one that has perceived that there are many facets to human nature and that not all of them have been exposed to the same degree of polishing. This lack of polish however does not affect the potential goodness and even greatness of every human soul.

Within us all is such a well-intentioned spirit. We are all striving toward the same goal of perfection, though our failures may be varied and numerous. The very good and wonderful spirit inhabiting us all is the common bond between us, the basis of equality, the justification of all the faith and love we can give to one another. It is the divine in us, but even though it dwells within

us all in equal measure, it can express itself only to the extent that we have learned to express it.

Whatever we do or fail to do represents the level of our understanding and development at any particular time. Faulty judgments are faulty only because life as we have experienced it has not developed our judgment to perfection. Lack of truthfulness, loyalty, understanding, justice, or any other of our divine qualities is not a lack of the spirit but of experience, training, understanding, or opportunity. A woman said to me once, "I have committed many a fault and error in my life, but at the time I did so I hadn't the understanding to do any better." If we could always see into the heart and mind and soul of another we should find that this is always the cause of his imperfection.

One person may find it easy to be absolutely honest, since the people in his world have faced facts honestly and with courage whether they were pleasant or not. By precept and example he has been taught that the forthright way of life is, in the long run, the all-round profitable one. But another person has always found that ungarnished facts have made the people of his world disagreeable or fearful. As a method of self-defense he has learned to evade or camouflage unpleasant facts. He has yet to develop the courage to stand up to life, but while he learns we can withhold the

weakening influence of our condemnation.

In money matters one person may be conservative to the point of stinginess. His may have been a background of lack and fearful anticipation of the future. To act differently is impossible for him until he develops another set of values. The person whose attitude toward money is one of flamboyant carelessness, on the other hand, has a different kind of background and needs a different set of values.

A young woman lamented recently that a friend of hers was given to conversational exaggerations. Why, why couldn't he stick to facts, she wondered. But her friend does not exaggerate consciously. A person's mind accommodates itself to his feelings; and her friend feels so intensely his beliefs and his joys and sorrows that he finds ordinary language inadequate in expressing himself. To say that he had had a mildly unpleasant day at his work would have seemed untrue to him. To be sure, the events that had made the day unpleasant might have seemed insignificant to another person, but not to him. So his mind exaggerates the facts to agree with his feelings. On the other hand and on another day his optimism is unbounded. He feels so good and confident that even unimportant facts must, by the magic of his mind, be made to agree whether they do or not! All of us

see the world, people, facts, not with our eyes alone but with our mind and emotions, and our mind and emotions are as different from our neighbor's, our friend's, or our co-workers' as the conditions of our life have been.

To dislike the whole person because he falls short in some particular aspect of his nature is to shut out of our life an infinite number of blessings. He may have gone far in refining and polishing himself in some ways and lag far behind in others.

The Book of Psalms is a matchless mixture of praise and imprecation. The poet of the Psalms reaches the peak when he praises his God for His loving-kindness and righteousness. He reaches also the depths of human hate and vengeance when he pleads for calamities, plagues, and all sorts of affliction to befall his enemies.

"Bless Jehovah, O my soul,
And forget not all his benefits . . .
Who redeemeth thy life from destruction;
Who crowneth thee with lovingkindness and
tender mercies."

Also in equal sincerity and beauty of speech, he says of his enemies:

"Let there be none to extend kindness unto him;
Neither let there be any to have pity on his fatherless children.

Let his posterity be cut off;
And in the generation following let their name
be blotted out."

It is better that we have accepted this man of vagaries and temperament than that we should miss his gift of beauty and truth because a part of his soul was as yet enmeshed in human limitation.


It is better always that we should accept the goodness of friends and families and co-workers with their adhering faults than that we should reject their faults with their adhering charms and virtues.

We may not always be able to determine just why people's actions are what they are, for they have complex beginnings and devious ways of developing, but we can have faith enough to look through people's inconsistencies to their good intentions and so express enough tolerance, gentleness, humaneness to make it easy for them to develop the qualities that make for better living. They want to do it. Everyone experiences regret when he falls short of a good and gracious performance. He appreciates deeply the understanding persons who by-pass occasions to be hurt or disappointed, and the Spirit within us tells us that this is the royal, loving thing to do. It is also the successful and happy way of life both for him and for us.

Will You Help to Restore Peace?

LOWELL FILLMORE

From an article in Weekly Unity

 ONE MAN searching for God will find Him, but when a number of men join together in searching for Him they exert a tremendous power for good in behalf of the whole race.

The question is raised in the 32d chapter of Deuteronomy as to how it is possible for one righteous man to "chase" a thousand and two righteous men to put ten thousand to flight. The answer is that it is possible because God can help the righteous man. With God's help, two righteous men can overcome ten thousand, and two affirmations of Truth can put ten thousand untrue statements to flight. God and Truth are the greatest powers in the universe.

Surely if two righteous men can overcome ten thousand, two hundred can overcome one million, and two hundred thousand can overcome one billion. This is nearly half of the total population of the world. No doubt a sufficient number of consecrated persons could be found among our readers to overcome the world of negative thoughts.

Will you, dear reader, be one of a host who

will join in working to overcome the negative thinking in the world? The following ideas have been suggested for us all to meditate upon.

The world which God created in the beginning was a good harmonious world, and it is still a good harmonious world, and it will always be a good harmonious world.

The Spirit of truth is now revealing this perfect world to me, and God is helping me to reveal its true character to many people. I agree with God's ideal good creation and I am working with Him with all my heart, soul, and strength to bring His world into manifestation here and now.

UNITY TO HAVE NEW ADDRESS

After August 15 the new mailing address of the Unity School of Christianity will be Lee's Summit, Missouri, which is 20 miles southeast of Kansas City and 3 miles beyond Unity's new home. Please address all orders and other mail to this new address after August 15.

During the coming months you may receive order forms or return envelopes from us imprinted with the address 917 Tracy, Kansas City, Missouri. These forms and envelopes may be used *without readdressing* and will be promptly delivered to us by the Kansas City post office.

Thank you for your co-operation.

Unity School of Christianity

One Problem—One Answer

WILLIAM A. CLOUGH

WE HAVE had a good many problems in our household. Some have been small. Others have seemed like mountains, towering up black and steep and forbidding. There have been times when we were not able to see how we could possibly climb over them and we have tried to find ways of escape or of getting around them.

I think this is probably true of everyone. Life in this human-divine world of ours presents many problems. The human side of us is forever battling with them and worrying about them.

As we study Truth and the teachings of Jesus Christ, as we listen to the promptings of Spirit, we discover that there is one, and only one, way to solve a problem. This is to give it to God and let Him dissolve it.

Slowly but surely we learn, as all struggling humanity must learn, that God is the answer to every problem large or small and the only answer. We learn too that there is really only one problem. The variety of circumstances and conditions we have called our problems are not *the* problem. Neither lack nor oversufficiency, nor illness, nor discord, nor any of the specific things

that seem to be problems are the basic problem. They are only expressions of it.

My problem and yours and everyone's is how to realize God and live in His presence. This is the only problem. The cry in my heart and in yours is the same cry, however expressed. There is no real difference between my life and my neighbor's, whatever the variation in externals. We are as one child coming with one question to the one Father and receiving one answer.

Maybe you have a loved one plagued by dissipation or disease. Perhaps some severe blow has fallen suddenly or some disturbing condition has developed gradually. Is it poverty, illness, loneliness, loss? Whatever it is, it seems to you a great problem, and the weight of it is heavy upon you.

None of these is your real problem. Your problem is reaching God and abiding in Him. When that is solved all the others are solved.

There is one problem and one answer and even these two are one, for God is the cry in my heart and yours and God is the answer. It is very simple. Yet how difficult we make it.

Where do you find God? You need not search. He has found you. You cannot lose Him, for He is within you. Your problem is not to find Him but to discover how to know and feel His presence.

How can you do this? The one true way that never fails is the way of honest, earnest prayer.

God is understanding. God is love. It cannot matter very much how you pray at first. We know that quiet contemplation is the highest form of prayer but I am sure that God does not demand any form. Sometimes in the face of pain or grief or sudden shock we cry out in agony. Sometimes there is human fear and despair in our cry.

God hears and quiets us within and gives us peace and victory. He answers the sincerity of our heart no matter what form our words may take; and the time comes when all the tumult of anxious praying is ended and communion with Him is easy and quiet and faith-filled. Then our problem is solved, and we have the answer.

We have found that the less we think about what seems to be a problem and the more we pray for understanding and consciousness of oneness with God the sooner the seeming problem dissolves in peace of mind. We pray not so much that He may take away the illness or the hurt or that He may grant this desire or that but that He may lift us into the fullness of His presence. Then in His presence illness and hurt fall into nothingness, and a song of thanksgiving is in their place.

There is no power and no force in all this universe but one, and that is God, the good. All that

we call evil is the result of not believing this. All the problems that you and I have are from the same cause, a belief in our separation from God.

God has created you out of His own Spirit. You are part of the one Spirit of all life. Pray then with all your heart to realize your unity with God and with all persons everywhere, and you will be lifted out of human differences and above human problems into the warm and tender oneness that is the answer to all your need.

If you are suffering from any cause whatever try to realize that no condition or circumstance or person need be blamed or removed. Try to see that what you really need is faith enough to bring you into God's presence. Pray for that. It will come, and as your faith grows the circumstance you thought so large will shrink. The person you thought was the cause of your trouble will no longer have power to disturb you. You will become a new person.

God is the answer to your problem. Believe this with all your heart. Your prayers will take on divine purpose and be answered by divine power.

God is with you now. Give up everything to Him. Let Him have your whole self and all your faith and you will be made every whit whole, mind, body, and affairs.

Thursday

SEPTEMBER 1

I ACKNOWLEDGE GOD AS THE ONE SOURCE OF ALL PROSPERITY, AND I AM ABUNDANTLY REWARDED.

WHEN WE learn to look beyond the immediate need and acknowledge God as the one source of all supply we realize that it is not necessary to pray for "things."

God is aware of all our needs even before we ask, and if we put our trust in Him alone when we cannot see the way He will guide us and direct us into ways of prosperity.

Let us not be anxious then for our life, what we shall eat, or how we shall be clothed. Instead let us seek first His kingdom and His righteousness, and He will reward us with His unfailing abundance. Let us look to God first rather than to the particular thing we desire, remembering that as He feeds the birds of the heaven and clothes the lilies of the field, even so will He fill the needs of His children, whatever those needs may be. If we seek Him first, all that we need will be added to us.

✿ *Your heavenly Father knoweth that ye have need of all these things. But seek ye first his kingdom, and his righteousness.*—MATT. 6:32, 33.

SEPTEMBER 2

Friday

SPIRIT DWELLING WITHIN ME BLESSES MY
BODY WITH ABUNDANT HEALTH AND VI-
TALITY.

IF A PHYSICAL ailment should appear to be present in my body, no matter what it may be, I know this truth now: The Spirit within me is more powerful than any ailment.

There is cure for me. There is relief and restoration. The mighty forces of healing are within me. I turn my mind to them. I turn to the healing Christ within my own being. I believe in the Father of life more than I believe in any ailment.

I bless my body. I bless the particular part that seems to need healing. I see it whole in my mind's eye, and I keep that picture. I let go of fear and doubt. I quietly declare that God is healing and restoring me right now.

As I give myself over to the healing Christ I feel a sense of peace and faith. As I give up relying on human judgment and let Spirit take charge I know that all is well. My faith makes me whole.

✿ *Ye shall not need to fight this battle . . . stand ye still, and see the salvation of Jehovah with you.—II CHRON. 20:17.*

Saturday

SEPTEMBER 3

DIVINE ORDER AND HARMONY ARE NOW ESTABLISHED IN MY MIND, BODY, AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

SILENT UNITY frequently recommends this prayer to those in need of a balanced and orderly life. In its prayers for the world Silent Unity always includes a thought of order, for we recognize order as a greatly needed factor in world affairs.

If we are in need of order in our thinking, a greater sense of freedom and health in our body, and harmony and prosperity in our affairs, no other prayer can so well take in all our needs as a prayer for divine order used diligently in faith.

Let us begin our day with a prayer for divine order. "Prayer is natural to man, and it should be cultivated in order to round out his character," said Charles Fillmore. As we cultivate a spirit of prayer we enrich our thinking and we open the way for the establishment of divine order in our mind, body, and affairs through the power of the indwelling Christ.

● *Let all things be done . . . in order.*—I COR. 14:40.

SEPTEMBER 4

Sunday

I GROW DAILY IN SPIRITUAL UNDERSTANDING, MOVING EVER NEARER TO THE REALIZATION OF MY TRUE IDENTITY AS A PERFECT CHILD OF GOD.

As my thoughts and desires are centered on God and the things of the Spirit I feed on the true bread of heaven and grow steadily toward the attainment of the perfect state of being to which the Father calls me. In Truth I am now breath of His breath, spirit of His Spirit, His perfect child.

I declare this truth, and my realization of it grows stronger and firmer. I speak the positive word now, this moment, repeating it again and again, and it takes on meaning and substance, amazing me and filling me with joy. As I become more and more conscious of Truth my whole life steadily changes for the better.

Spirit within me is all in all; it is the spirit of Christ, the spirit of power, the spirit of oneness with the everlasting Father. In Spirit I am now the perfect child of the perfect Father.

* *Is it not written in your law, I said, Ye are gods? If he called them gods, unto whom the word of God came . . . say ye . . . Thou blasphemest; because I said, I am the Son of God?—JOHN 10:35, 36.*

Monday

SEPTEMBER 5

I WILL TAKE A VACATION THIS DAY FROM EVERY NEGATIVE ATTITUDE OF MIND.

I NEED NOT journey to faraway places to experience new vigor, new peace of mind, a new zest for life. I have but to take a vacation from negation to experience such benefits. Today I will take that vacation.

I will bless my body, not condemn it, for seeming weakness or imperfection. I will praise every part of it and will look only for perfection.

I will rejoice in abundance, seeing every need as a vessel to hold another portion of God's great bounty. I will use the things I have wisely but freely, never grudging myself their use. I will give and receive joyfully.

I will look for the Spirit of God in every person I meet. Expecting His presence wherever I go, I shall find it. Harmonious and satisfactory relations with everyone will therefore result in every area of my life.

I will guard the thoughts of my mind, the words of my mouth, I will harbor only the positive attitude, and I shall be dwelling in a fair, new land, greatly refreshed and immeasurably blessed.

✿ *For freedom did Christ set us free.—GAL. 5:1.*

SEPTEMBER 6

Tuesday

IN ALL THINGS I PUT MY TRUST IN GOD.

IN ALL things I put my trust in God. By His light I have understanding. By His wisdom I am guided to my good. By His love I find my happiness and well-being.

Within me there can be no lack; there can be only more room for His good. This which seems to be a need can in reality be a new door that is opening to me. Every question has its right answer, and in seeking and finding a right answer I pass through new and enriching experiences.

God knows my needs; He provides my good. Through faith I keep the way open so that His supply may come forth to me readily. Through prayer I am constantly aware of His counsel, His wisdom, and His love.

I put my trust in God and my faith is strengthened. I act on my faith and I go forth to claim my good. Guided by His counsel, I know that there is nothing to fear. I put my trust in God in all things, and I give thanks.

• *For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.*—MATT. 7:7.

Wednesday

SEPTEMBER 7

GOD'S LIVING, LOVING, COMFORTING SPIRIT
INFOLDS ME, AND MY HEART AND MIND ARE
HEALED OF ALL GRIEF.

I DO NOT have to meet grief and loneliness without Thy comforting, loving support. Thou, O God, art my eternal comfort, and I rest in Thee. Just as my faith tells me that Thy Spirit lives in me, so does my faith tell me that Thy Spirit lives eternally in my loved one.

I rest in Thee as I allow Thy comforting, loving Spirit to heal me of all grief. This is the prayer of my heart today as I courageously face a new life in Thee.

I will not shut myself away from the activities of life to nourish my grief. Neither will I waste my talents by clinging to the sorrow of the past. My unshakable faith accepts Thy plan of a changed life for the one I love. I know that my dear one is safe in Thy care.

The challenge of this experience I meet triumphantly, and Thy peace fills my heart and mind. I am healed and blessed.

✿ *Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful.*—JOHN 14:27.

SEPTEMBER 8

Thursday

THE PRESENCE OF GOD WITHIN ME IS THE
SPIRIT THAT IS MY LIFE.

THE SPIRIT that animates my body and illuminates my mind is the presence of God within me. God is that wonderful something in me which I term my life and my intelligence. The characteristic nature of this indwelling Spirit is to renew, restore, and nourish, but I can experience this activity only to the extent that I acknowledge its presence within me and realize my oneness with it.

If I desire fuller expression of life in my mind and body I must develop a fuller awareness of the life that is already present within me. When I stop using my powers of mind and body negatively I begin to experience the more abundant life that knows no tiredness or depletion. If I believe that my life is limited and subject to devitalization with the passage of time this will be my experience; but if I believe the eternal presence of God in me is the only life of my being this will be my experience, for such a realization will transform my very flesh.

• *The breath of the Almighty giveth me life.*—JOB 33:4.

Friday

SEPTEMBER 9

I AM AN EXPRESSION OF GOD, AND MY LIFE IS RICH, PRODUCTIVE, AND HAPPY.

I AM MADE in the image of God. I am a true child of His Spirit. I am an expression of the Father. The Christ Spirit within me gives constant testimony to the Father. My life confesses Christ and glorifies God.

I am filled with joy at the consciousness of God abiding in me. I am free from every fear and anxiety. I am forever at rest and secure as I accept God's gift of His own infinite Spirit.

I think thoughts of peace and harmony and love continually, expressing the nature of God in me. I behold every person filled with the divine Spirit, expressing the Father-Creator.

I am undisturbed by circumstances or appearances. By the light of God's Spirit I behold all people and all things as they are in reality, not as they seem to be. I bring good into manifestation as I behold its reality. God is glorified through me. I am an expression of God, and my life is rich, productive, and happy.

* *God was pleased to make known what is the riches of the glory of this mystery . . . which is Christ in you, the hope of glory.—COL. 1:27.*

SEPTEMBER 10

Saturday

KNOWING THAT GOD'S LOVE AND POWER ARE THE SUPREME REALITIES, I AM JOYOUS AND UNAFRAID.

YOUR HEART cries for happiness, but how can you be happy, you ask, when conditions are as they are. The discord, the bodily ailment, and the material lack are all facts, you say, realities that must be faced.

Take courage. There is only one supreme fact, only one great reality, God, your Father. All these things which seem so real become nothing in the presence of God. In His presence is full harmony, full healing, full supply.

Happiness is the divine right of all persons. Believe this. Believe in the fact of God's all-providing love, and no longer believe in the reality of any lesser thing. It is your Father's good pleasure to give you all the riches of His kingdom.

God loves you with an infinite love. His will for you is health and happiness, an abundance of all good things. Believe this with all your heart, and you will surely be blessed.

✿ *Believe ye that I am able to do this? They say unto him, yea, Lord. . . . According to your faith be it done unto you.—MATT. 9:28, 29.*

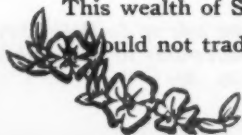


I Am Rich

VIOLA ROSE WHISLER

I feel as rich as Midas of old;
Yet unlike him, I have no gold
But simple things—a loaf of bread;
A strong, firm roof-tree overhead;
A chance to freely breathe pure air
Without a worry or a care;
Health of body and peace of mind;
The guidance of the Lord most kind;
A faith that knows He is always nigh,
However dark may seem the sky;
Such simple bliss as friends most dear
To share my joys and dry my tear.

This wealth of Spirit which I hold
Would not trade for Midas gold!



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Sunday

SEPTEMBER 11

IN THE MIDST OF CONFUSION I TURN WITHIN
TO GOD AND LET HIS PEACE CLARIFY MY
THINKING.

THERE IS deep within me a sanctuary of healing peace. No matter what the confusion that reigns without, it cannot disturb me as long as I center my thoughts in this inner stillness. If my body is tense, my emotions turbulent, my thoughts racing, they are all relaxed into refreshing calm when I quietly realize the presence of God within me.

Laying aside for the moment all thoughts about the duties and situations that press for my attention, I silently speak the word "peace" until I feel my being respond to peace. I remind myself of His harmonizing love, which fills me and surrounds me; and letting go of the sense of pressure of time, I rest in His dynamic peace.

In this peace I open my consciousness to His inflowing wisdom and my body to His vitalizing energy. I immerse myself in His loving Spirit and breathe a prayer of blessing for all those with whom I come in contact.

✿ *Come unto me . . . I will give you rest.*—MATT.
11:28.

SEPTEMBER 12

Monday

I GO FORTH EACH DAY TO DO THAT WHICH I AM APPOINTED TO DO, AND I HAVE NO FEELING OF BEING IN COMPETITION WITH OTHERS.

THERE ARE times when we feel ourselves to be inadequate and not as capable of coping with life as those around us. We feel that our neighbors are more talented or clever than we can ever be, and so we put forth too great an effort to excel in everything that we undertake. This results in a chronic state of strain and tension.

Of course we must strive to do our best at all times, remembering that it is truly our own best that is expected of us and that this in no way needs to resemble the best of anyone else. This frees us from any sense of being in competition with the rest of the world. Instead we have a deep sense of peace and satisfaction.

That which God would express through me is not the same as that which He would express through anyone else. Knowledge of this truth frees me from all sense of pressure, and I go forth to accomplish that which I am appointed to do.

• *Now there are diversities of gifts, but the same Spirit.*
—I COR. 12:4.

Tuesday

SEPTEMBER 13

WHEN ANY DOOR CLOSES IN MY LIFE I TRUST
THE LOVING PRESENCE OF GOD IN ME TO
OPEN ANOTHER.

BECAUSE I know that God loves me and is taking care of me, I have no fear of the future. Despite appearances to the contrary I will not let myself anticipate unhappy experiences, for God is within me eternally, and when I place my trust in Him He unfailingly guides me into paths of peace. No matter what the difficulty, in Him there is a perfect solution. No matter how seemingly hopeless the entanglement, in Him there is a way out. Where there is darkness, God within is my light. Where there is perplexity, His wisdom floods my mind with understanding. With never a doubt I trust His healing presence within me.

If a cherished person, thing, or condition has for one reason or another passed out of my experience, I shall not let fear of loneliness or the sense of permanent loss fill my heart, for the Father knows my need and will bring to me the persons and circumstances that will best fill that need.

✿ *I will not leave you desolate.*—JOHN 14:18.

SEPTEMBER 14

Wednesday

THE FATHER'S EVERLASTING LOVE INFOLDS ME, UPHOLDS ME, AND GIVES ME JOY AND STRENGTH.

BE OF good cheer, you who lie propped up in bed or who sit by the window looking out upon the world. Be of good cheer, you who pause in your busy life to read these words and you who come to these pages eager for help. Be of good cheer; the rainbow of promise arches the sky, the sun of fulfillment sheds its rays upon the whole earth.

Be of good cheer; God, your Father, is with you. He loves you with an infinite love. To you, whoever you are, wherever you are, who read these words the message comes right now: "Lo, I am with you always, even unto the end of the world."

No pain, no helplessness, no confusion can hold you in its power. The one and only power in the universe is about you and within you, and this power is wholly good, wholly kind, wholly loving. Rest now in the Father's love. You are safe, and you are free.

✱ *Be of good cheer; I have overcome the world.*—JOHN 16:33.

Thursday

SEPTEMBER 15

I AM NOT ANXIOUS ABOUT THE ACTIVITIES OF THIS DAY, FOR GOD'S WILL FOR ME IS ALL GOOD, AND IT IS EXPRESSED IN EVEN THE MOST TRIVIAL DETAILS OF MY LIFE.

AS I FACE this new day I give thanks for and acknowledge the truth that God has charted my course. I set myself to follow His plan for me so that I may do and say all that He has planned. I have no fear of adding to or omitting anything from that part of His good which He would have me express.

If during the day's activities I feel that I have gotten away from God's plan for me, I silently speak to Him, saying, "Thy will be done in me now." Instantly any mistakes I feel I have made begin to be set right.

I am not anxious about the activities of this day. I go forth confident that I am guided, guarded, healed, protected, and prospered in all that I do. Realizing that all things are working together for my highest long-range good as well as for my highest immediate good, I find happiness and satisfaction in all that I do this day.

*Commit thy works unto Jehovah,
And thy purposes shall be established.*

—PROV. 16:3.

SEPTEMBER 16

Friday

AS I KEEP LOVE FLOWING FROM MY HEART
AND SPEAK ONLY WORDS THAT ENGENDER
PEACE MY WORLD IS A HARMONIOUS ONE.

I PRAY FOR A harmonious world. I pray for a world filled with people who are loving and understanding of one another. I pray for a world where each heart is in tune with every other heart, where each person says the things that make others peaceful and happy, where each one does the things that make for joy and satisfaction for all.

I pray for a world where no heart feels alone or adrift. I pray for a world so alive with love and understanding that every heart is filled to overflowing with joy and trust.

God's love can establish a perfect world, where every heart knows that it is one with every other heart, where all hearts merge in Him, who is the great pulsing heart of all.

What is my part to be in creating this harmonious world for which I pray? To keep love flowing from my heart and to speak only words that engender peace.

✱ *Let us follow after things which make for peace.*
—ROM. 14:19.

Saturday

SEPTEMBER 17

GOD HAS PREPARED THIS DAY FOR ME, AND I HAVE NO FEAR CONCERNING ANY PART OF IT.

IF WE HAVE before us this day some dreaded task or experience we can meet it calmly and fearlessly by realizing that God has already gone before us smoothing the way. It is necessary for us to remember that our full and complete good has been established since before the beginning of time, and to reap its benefits we need only turn to the Father within.

By meeting each experience of the day as it arises, not worrying about it before or after it transpires, we learn to live in the present moment to the full and to derive from it all the good it has for us.

Experiences anticipated with fear become blessings that we soon recognize as such when we are receptive to our good. There is nothing to fear when our trust is in God, and He makes His presence known to us in the midst of every situation.

*Every valley shall be filled . . .
And the crooked shall become straight,
And the rough ways smooth.*

—LUKE 3:5.

SEPTEMBER 18

Sunday

I ACCEPT THE LOVING GRACE OF GOD, WHICH
IS HERE TO HELP ME EVERY MOMENT OF
EVERY DAY.

ALWAYS REMEMBER that God loves you and approves of you. In His heart there is no condemnation of you but only the loving desire to guide, lift, heal, and inspire you.

Jesus came to reveal to us the attitude of God toward us, His children, and Jesus was always kind and completely forgiving wherever there was evidence of human weakness. The self-righteous and the hypocrite evoked some measure of reprimand from Him, but never the ones who made mistakes and felt the need of help. These He loved; these He came expressly to befriend.

When we say that God is love we mean that He understands our efforts, our desires, and even our apparent failure to maintain always our high ideals. He understands our heart; He knows the degree of development of our understanding. All He asks is that moment by moment we keep our vision turned to His presence within, ever trusting His love to forgive us our mistakes and to guide us in our new endeavors.

✽ *Neither do I condemn thee: go thy way.*—JOHN 8:11.

Monday

SEPTEMBER 19

WHEN I KEEP MY HEART CENTERED IN GOD, EXPRESSING HIS LOVE AND SINCERITY, I CAN MEET EVERY PERSON AND EVERY SITUATION IN LIFE WITH POISE.

WHEN A person centers his heart in God he feels present within him the power he needs to meet whatever life is asking him to meet. He feels the quiet confidence that comes of depending upon a strength that knows no failure, a mind that knows no confusion.

When a person centers his heart in God he feels no need to be anything but loving and sincere. He feels no need to impress another person or to prove his superiority. He feels no need to be shrewd or to outwit another. He feels no need to justify himself or his purposes. He is happy to be himself and to share his knowledge, his experiences, his aspirations, his dreams.

When a person centers his heart in God he fears no one. He knows his motives are loving, and he faces life with courage and directness.

When a person centers his heart in God his every word and action is so spontaneously loving that every other heart responds with appreciation.

♣ *Jehovah is the strength of my life.*—PSALMS 27:1.

SEPTEMBER 20

Tuesday

STEADFASTLY TRUSTING GOD, I SEE MY WAY
MADE CLEAR.—UNITY ILLUMINATION THOUGHT.

WHEN WE place our whole trust in God we are at once set free from apprehension about the future. We no longer feel the need of rushing this way and that, trying to find some humanly devised way of meeting whatever problem we may be facing.

The reward of steadfast trust in God is peace of mind and spirit and a comforting, sustaining conviction that God is in charge.

When we see the wisdom of the scriptural command "Put your trust in Jehovah" and fully obey it we align ourselves with the mighty, all-accomplishing power of God. We signify our readiness and willingness to do whatever God would have us do, to obey His will fully and completely. As we wait in silence on God only, His Spirit reveals to us the way we should take, and we see our way made clear. His perfect way is at hand, and because our trust in God is full and complete, we follow it fearlessly, confidently, triumphantly.

*I will bless Jehovah, who hath given me counsel;
Yea, my heart instructeth me.*

—PSALMS 16:7.

Wednesday

SEPTEMBER 21

STEADFASTLY TRUSTING GOD, I AM GUIDED, I AM PROSPERED, I AM BLESSED WITH HIS ABUNDANCE.—UNITY PROSPERITY THOUGHT.

THE PSALMS abound in assurances that trust in God opens the way for many blessings to come into our life. Today let us meditate upon some of the divine promises that are set before us to hearten and encourage us:

"They that trust in Jehovah
Are as mount Zion, which cannot be moved,
but abideth for ever."

"In God have I put my trust, I will not be afraid."

"Blessed is every one that feareth Jehovah,
That walketh in his ways."

"Blessed is the man that maketh Jehovah his
trust."

"The eyes of all wait for thee;
And thou givest them their food in due season.
Thou openest thy hand,
And satisfiest the desire of every living thing."

"Jehovah is righteous in all his ways,
And gracious in all his works."

*I have set Jehovah always before me;
Because he is at my right hand, I shall not be moved.*
—PSALMS 16:8.

SEPTEMBER 22

Thursday

STEADFASTLY TRUSTING GOD, I AM RENEWED,
I AM MADE WHOLE IN MIND AND BODY.

—UNITY HEALING THOUGHT.

THE HEALING power of God is mighty to harmonize and restore any adverse condition of mind or body. Spiritually every man is a perfect being, a perfect child of his Father-God; and because he is spiritually perfect, it is possible for him to claim and realize perfect health by trusting to God for his healing.

Faith in God, calm and confident trust in His supreme power over every ill of mind or body, is the key to perfect healing. Whether we are seeking healing for ourselves or for some loved one we must keep our faith and trust in God steadfast and sure.

When we confidently trust in God we align ourselves with the healing forces that are at work continually to renew, restore, and make whole. We do not need to be concerned about the way in which our healing will be made manifest. We quietly leave that to God, and lo, He rewards our trust with complete wholeness of mind and body.

* *Thou wilt show me the path of life.*—PSALMS 16:11.

Friday

SEPTEMBER 23

I AM PATIENT WHILE I WAIT FOR GOD'S LOVE AND WISDOM TO CREATE ORDER AND BLESSING WHERE THEY ARE NEEDED.

THERE ARE many things in life about which as individuals we can do very little, but through prayer we can learn to wait in patience for God's love and wisdom to do their harmonizing and illuminating work.

To wait in patience is not always easy. We may see more effective ways of accomplishing what needs to be accomplished. We may see inefficiency and shortsightedness. We may see injustice and selfishness.

But we cannot be responsible for every reform needed. We cannot sharpen another person's insight or hasten his growth. We cannot rectify every injustice or uncover every selfish act. When we allow ourselves to become upset about matters that are outside our power to do anything about, we only add to the negation.

The only helpful attitude to take is to know that underneath everything God's love and wisdom are at work.

* *Better is the end of a thing than the beginning.*
—ECCLES. 7:8.

SEPTEMBER 24

Saturday

I AM SERENE AND CALM AT ALL TIMES, FOR GOD'S PRESENCE ASSURES ME OF THE GOOD TO BE GAINED FROM EVERY EXPERIENCE.

THIS DAY I bless the experiences that come to me. If they appear not to be in accordance with good I calmly and prayerfully seek guidance so that I may take right action with respect to them. In this way negative experiences leave no mark upon me, and I find myself stronger for having successfully met them.

I waste no time in complaints or emotional outbursts; I turn instantly to God when things seem amiss. If they do not right themselves at once I still have no fear, for having placed them in God's hands I cease to judge by outward appearances. I know that in ways that perhaps I need not even know all things are being divinely adjusted.

In all things I strive to express the serenity of my true self, my indwelling Christ nature; for in so doing I give evidence of my faith in the ultimate right outcome of every experience, and my faith is richly rewarded.

*He maketh the storm a calm,
So that the waves thereof are still.*

—PSALMS 107:29.

Sunday

SEPTEMBER 25

MY GOOD IS INCLUDED IN GOD'S PLAN FOR
ALL THE UNIVERSE.

FROM THE beginning it has been God's design that I have a place in His plan of the universe. Giving myself over to Him, I find my right place, and my life progresses in an orderly way. When I become tense trying to force matters I momentarily cut myself off from God's guidance, and confusion results. Thus I temporarily set in motion a series of causes that produce inharmonious effects, and I become alarmed. This produces more inharmony, and unless I call a halt I find myself enmeshed in negation.

However it is never too late to contact my good, no matter how far I may have wandered from the Truth. My immediate turning to the Spirit within sets me on the right path, and events resume their orderly progress.

Since our very existence is a result of God's will, we need only stay close to Him to develop an awareness of His guidance. Thus even though we may be outwardly occupied with our daily tasks, we are held close to that which is God's good plan for us.

* *Make thy way straight before my face.*—PSALMS 5:8.

SEPTEMBER 26

Monday

I STRIVE TO UNDERSTAND THOSE ABOUT ME AND TO BE TOLERANT OF THEIR SEEMING SHORTCOMINGS, REALIZING THAT WE ARE ALL GOD'S CHILDREN.

IT IS PART of God's plan that all His children dwell together harmoniously upon the earth. This applies to all of us as individuals as well as to the nations of the earth.

If it appears that I am not in tune with those about me I turn to the Christ within so that I may know what I must do to be brought into perfect accord with my fellow men.

If I have fallen into a repetitious pattern of inharmony in my human relations I prayerfully seek to understand those about me and to be tolerant of their shortcomings. An understanding of our associates and their problems often reveals to us the reasons behind their seeming abruptness and thoughtlessness. Understanding them, we come to feel compassion for them and to love them. This automatically draws them to us, and we learn that we are all truly one in Spirit.

*Behold, how good and how pleasant it is
For brethren to dwell together in unity!*

—PSALMS 133:1.

Tuesday

SEPTEMBER 27

I CONSTANTLY KEEP MY MIND AND HEART OPEN TO ACCEPT THE WISDOM AND UNDERSTANDING THAT COMES TO ME FROM GOD, FROM PEOPLE, AND FROM LIFE.

OFTEN WE think that when we have ordered our life in a certain way we shall be happy. We feel that when we get this job, that recognition, this person's love, that person's forgiveness we shall be happy. But if we are not the kind of person who in his attitude toward life and people keeps his heart warm and confident, we still are not happy, no matter what comes our way.

The relationships and experiences of life are meant to give us wisdom and understanding, not unhappiness. Perhaps we can say that keeping the mind and heart constantly open to the inflow of wisdom and understanding from God, from every person, from every experience is the primary attitude of a happy person.

It takes practice to cultivate such an attitude, but the practice produces daily joys and satisfactions; and the more consistently we maintain this attitude the deeper our happiness becomes.

☛ *Happy is the man that findeth wisdom.*—PROV. 3:13.

27
SEPT E M B E R 28

Wednesday

IF MY HEART CONDEMN ME I WILL THINK
UPON GOD, WHO IS GREATER THAN MY
HEART.

I F MY HEART condemn me with false accusations and fears I will think upon God, who is greater than my heart. When I allow my heart to condemn me I shut out the light of heaven, the peace that is my salvation. At times my heart may be misled and discouraged, for the heart too often is influenced by the external world of transitory inconsequentials. Indeed my heart may even turn traitor and war against my best interests; for oftentimes my heart listens to the voice of fear, to the subtle propaganda of doubt.

But the immutable God goes untouched by the foibles that sometimes disturb me, so I will trust in Him. I will remember that God knows all things, while my heart at best knows only relative things and judges frequently by temporary circumstance. The knowledge that I have is sometimes so inadequate as only to mislead or to annoy and discourage me. I must not let my heart condemn me; rather I will believe God, who is greater than my heart and who knows all things.

✱ *God is greater than our heart.*—I JOHN 3:20.

Thursday

SEPTEMBER 29

MY FAITH IN GOD BRINGS ME SECURITY, AND
MY MIND AND HEART ARE AT PEACE.

THOSE INTERESTED in the health of the mind and body talk of the need for emotional security. Those interested in social welfare talk of the need of financial security. All the thought and action taken to provide security for the individual is most helpful and needed, but there is a more direct route to personal security, the route of prayer. Prayer leads the individual mind and heart into the presence of the one source of all security—God.

A mind and heart that has been led even once into this presence knows for all time where to turn for reassurance and courage, for ideas and guidance.

A heart aware of this reservoir of spiritual power within is a secure, happy heart. Even though alone, it is not lonely. Even though shaken by the experiences of life, it is filled with faith.

A mind aware of this reservoir of spiritual power within is a secure, forward-looking mind. Even when it has economic difficulties to deal with it is not anxious.

✿ *Casting all your anxiety upon him.*—I PET. 5:7.

Friday

I AM NEVER TOO BUSY TO BE KIND TO OTHERS
AND THOUGHTFUL OF THEM.

ONE OF the most wonderful things about Jesus was His constant consideration for other people. Never was He preoccupied to the point where He became insensitive to the needs of those about Him.

Like Him, we must never allow ourselves to be annoyed when others interrupt our work or play or unthinkingly intrude upon our moments of quiet meditation; for work and play are subordinate to the practice of kindness, and meditation should make us more kind and thoughtful.

No time will be lost if we stop for a moment to be gracious to someone. The train of thought that was interrupted will flow more freely and easily than before, for loving activity ever brings us closer to the inspiration of God. The work we were doing will be accomplished more efficiently, for kindness removes all tiredness and strain and floods the mind and body with joyous energy. In loving others we are doing that which will bring us closest to God, for God is love.

✱ *He that loveth not knoweth not God; for God is love.*—I JOHN 4:8.

YOU HAVE BEEN A GOOD NEIGHBOR

We try to let you know from month to month how much good you are doing by sending love offerings to Unity's Good Neighbor Fund. You may be sure that the thousands of persons in foreign countries who have benefited by the free Unity literature that this fund has made possible for them acclaim you as a good neighbor. We assure you there are many, many such letters as this one from Frau C. G., Germany:

"The very fact that people way off in another country think of us with so much love and kindness has helped me to overcome much of my despair. Truly God must have shown you our great need and wants to help us through you.

"How much Truth there is in your books! Though some of the teaching seems somewhat incomprehensible to me as yet, I believe that by reading your books faithfully I can penetrate more and more into your teaching. I am awaiting more of your pamphlets with great interest. With our way of living seeming so dreary, your every ray of light appears that much brighter. After one has worried and grieved for so long being able to pray for things that one needs so urgently seems like a gift from God."

The books and pamphlets mentioned by Frau C. G. are in German and are but a few of the foreign translations of Unity literature made possible by the Good Neighbor Fund. Thus you see that a love offering sent to this fund makes you a good neighbor to countless overseas friends like Frau C. G.

“God—

Has Wonderfully Blessed Me”

“God has wonderfully blessed me since I have been reading *Weekly Unity*,” writes Mrs. L. S., Florida. “Every week it brings me real food for my soul. My health has improved greatly. My faith has been strengthened, and my life has been made happier.”

Dear *Daily Word* Reader:

You too can be wonderfully blessed by reading *Weekly Unity*. Every week it comes into your home like a friendly, understanding visitor. It brings Truth articles by well-known Truth writers, the Unity interpretation of the International Bible Lessons, the “Someone Prayed” column (stimulating accounts of answered prayer), a message from Lowell Fillmore, and a letter from Silent Unity.

Send for a *Weekly Unity* subscription and let this weekly visitor show you the way to wonderful blessings.

Weekly Unity is \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

TRUST THE LAW OF GIVING—AND BE PROSPEROUS!

"Give, and it shall be given unto you" is a divine law. Trust it, use it, and it will reward you. Mr. and Mrs. R. P., California, tell of their experience with this law as follows:

"Please continue in prayer with us that we may realize our greatest desires. Let me say that when we were putting twenty cents in our Prosperity Bank each morning, our cash receipts for the week would be about \$90. We decided to increase our deposit to 50 cents a day, and our receipts jumped to \$115 and \$142 a week."

Whether you can demonstrate prosperity as did these friends depends upon your consciousness, your trust in God as your supply, and your faithfulness to the daily prayer drill. Why not send for a Prosperity Bank and practice putting your trust in the law of giving? Remember that you will have the prayers of Silent Unity for your success just as did Mr. and Mrs. R. P.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and enter a year's subscription for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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Street _____

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3. Name _____

Street _____

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Your Very Own Success and Happiness Await You!

Every year Unity students set aside one week to read and study *Lessons in Truth*, the basic Unity textbook written by H. Emilie Cady, who had an intimate and intuitive knowledge of the needs and thoughts of people. Her presentation of Truth ideas as a way to lasting success and happiness is clear, concise, and stimulating. This book has been read and studied regularly by Unity students for more than fifty years. Every word, every paragraph, every chapter is still applicable to human problems of today.

You can learn how to be free, how to have dominion over all material things. You can face the future with new vision, new understanding, and greater confidence. Claim these blessings as you join the thousands of other Unity students in observing Unity's annual

Lessons in Truth Week September 12-18

You can observe Lessons in Truth Week along with us by spending only a few moments a day in reading and studying the book *Lessons in Truth*. You may order *Lessons in Truth* from your local Unity center or by writing direct to Unity School. *The Lessons in Truth Study Guide* (a booklet of assignments, study suggestions, and Bible references) will be included free with your copy of the book if your order is received before September 12.

Lessons in Truth is priced at \$1.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

*If I take the wings of the
morning,
And dwell in the uttermost
parts of the sea;
Even there shall thy hand
lead me,
And thy right hand shall
hold me.*

—Psalms 139:9, 10.

